Prayers for Self-Deliverance & Breaking of Generational Curses *From John Eckhardt's book "Prayers that Rout Demons"*

I break all generational curses of pride, rebellion, lust, poverty, witchcraft, idolatry, death, destruction, failure, sickness, infirmity, fear, schizophrenia, and rejection in the name of Jesus.

I command all generational and hereditary spirits operating in my life through curses to be bound and cast out in the name of Jesus.

I command all spirits of lust, perversion, adultery, fornication, uncleanness, and immorality to come out of my sexual character in the name of Jesus.

I command all spirits of hurt, rejection, fear, anger, wrath, sadness, depression, discouragement, grief, bitterness, and unforgiveness to come out of my emotions in the name of Jesus.

I command all spirits of confusion, forgetfulness, mind control, mental illness, double-mindedness, fantasy, pain, pride, and memory recall to come out of my mind in the name of Jesus.

I break all curses of schizophrenia and command all spirits of double-mindedness, rejection, rebellion, and root of bitterness to come out in the name of Jesus.

I command all spirits of guilt, shame, and condemnation to come out of my conscience in the name of Jesus.

I command all spirits of pride, stubbornness, disobedience, rebellion, self-will, selfishness, and arrogance to come out of my will in the name of Jesus.

I command all spirits of addiction to come out of my appetite in the name of Jesus.

I command all spirits of witchcraft, sorcery, divination, and occult to come out in the name of Jesus.

I command all spirits operating in my head, eyes, mouth, tongue, and throat to come out in the name of Jesus.

I command all spirits operating in my chest and lungs to come out in the name of Jesus.

I command all spirits operating in my back and spine to come out in the name of Jesus.

I command all spirits operating in my stomach, navel, and abdomen to come out in the name of Jesus.

I command all spirits operating in my heart, spleen, kidneys, liver, and pancreas to come out in the name of Jesus.

I command all spirits operating in my sexual organs to come out in the name of Jesus.

I command all spirits operating in my hands, arms, legs, and feet to come out in the name of Jesus.

I command all demons operating in my skeletal system, including my bones, joints, knees, and elbows, to come out in the name of Jesus.

I command all spirits operating in my glands and endocrine system to come out in the name of Jesus.

I command all spirits operating in my blood and circulatory systems to come out in the name of Jesus.

I command all spirits operating in my muscles and muscular system to come out in the name of Jesus.

I command all religious spirits of doubt, unbelief, error, heresy, and tradition that came in through religion to come out in the name of Jesus.

I command all spirits from my past that are hindering my present and future to come out in the name of Jesus.

I command all ancestral spirits that entered through my ancestors to come out in the name of Jesus.

I command all hidden spirits hiding in any part of my life to come out in the name of Jesus.